



TOUR STOPS

| UNIVERSITY OF MAINE

RAYMOND H. FOGLER LIBRARY

- The “mall” in front of the Fogler Library is the central hub of campus where students can study and hangout. The mall is also home to the student organizations fair at the start of each semester.
- The library has three floors, all of which correspond with a noise level. On the first floor you can chat with your friends, work on group projects and talk at a normal conversational level. As you go up in floor level, the volume level decreases. The third floor is completely silent which is great if you work best in a silent environment.
- Also on the 1st floor is the Oakes Room where students can grab a coffee, or stop for a bite to eat.
- Fogler is the largest library north of Boston.
 - The library has wireless printing and the collaborative media lab (providing assistance in poster printing, camera and video gear rentals).
 - All textbooks are available to use in the library!



MEMORIAL UNION

- The Student Union is the hub of most student life on campus, it is home to the University Bookstore and Technology Center; where students can pick up their textbooks and swag all at the same time!
- Union Central and the Bears Den, two of the university's grab and go dining locations.
- Includes spaces where students can relax, do homework and access many resources, including:
 - Commuter Lounge/First Year & Transfer Center
 - Center for Student Involvement
 - The Career Center
 - The Office of Diversity and Inclusion
 - Veterans Center
 - Club Meeting Rooms
 - + So much more!





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RESIDENT LIFE

- Students use their student ID card to get into their room as well as a 4 digit pin that is unique to them which is great for additional security!
- 1st year students are encouraged to live on campus.
- Resident halls floors are coed, but rooms are not.
- Each residence hall has WiFi, indoor bike storage, and a lounge.
- Students have the option to choose their roommate or have one randomly assigned.
- There are RA's in each hall - RA's are there to build community within the residence halls, ensure that all residents are safe, happy, comfortable, and plan hall programs and activities.
- Each residence hall has a laundry facility. Every student gets enough laundry funds to do 1 load of laundry per week. Laundry funds are stored on their student ID card.



DONALD P. CORBETT HALL (DPC)

- The hub for our Maine Business School where most classes are held, also used for some gen-ed classes.
- For business students, it has a computer lab with printing access and a Capital Markets training lab.
 - Main lobby has a livestream of the stock market.
- DPC 100 is our largest gen-ed lecture hall.
- UMaine has a 16:1 student to faculty ratio.
- All UM professors have office hours each week for drop-in student meetings.
- 70% of UM classes have fewer than 40 students.





TOUR STOPS

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CUTLER HEALTH AND COUNSELING CENTER

- Cutler Health Center, a full health center, and UVAC (Volunteer University Ambulance Corps) are unique to the UMaine campus.
- Cutler Health Center is affiliated with Northern Light Hospital and their services so students can have access to most medical needs and services right on campus! This office takes most insurance!
- Counseling Center - free counseling and positive mental health outreach events for all students. This office also has a crisis center.
 - The Counseling Center works with other Student Life offices to promote positive mental health practices in weekly programming.
 - Offers individual, group and couples counseling.



NEW BALANCE RECREATION CENTER

- #3 student rec center in the country--since opening, consistently ranked in the top ten student rec centers in the nation (50 Great College Gymnasiums and Recreation Centers for 2019).
- Student membership to all campus recreation facilities is covered in student fees.
- Lockers are available for daily or semester-long use.
- Home of our intramural teams and club sports.
- Over 90 pieces of cardio equipment, indoor track, multiple weight rooms, racquetball and squash courts, 3 basketball courts, enclosed multi-activity court, ping pong tables.
- Houses our recreational lap pool, hot tub, sauna, rec pool, and whirlpool!
 - Free group exercise classes are available to students and 15+ miles of trails are right behind the building.





TOUR STOPS

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UMAINE DINING

- 3 dining halls and 2 grab and go stops each with their own, unique menus.
 - There are different menus and their nutritional information posted online for all dining halls available for students.
- Many meal plans available including bear bucks, dining funds, and meal swipe options.
 - First year meal plans include unlimited swipes into our dining halls.
- We serve local produce, including some that students grow right on campus.
- Diverse food options including vegan, vegetarian, gluten free and allergy free options.
 - Nutritionists available for guidance and allergy accommodation.
- Convenience type stores across campus in the dining locations for quick grab and go food to make in your dorm!



The University of Maine is an equal opportunity/affirmative action institution.

The information is accurate as of January 2020 and may be subject to change without notice. Refer to the Division of Student Life website for more information: <https://umaine.edu/studentlife/>



ACADEMICS

| UMAINE MAJORS BY COLLEGE

COLLEGE OF NATURAL SCIENCES, FORESTRY AND AGRICULTURE

Animal and Veterinary Sciences
Biochemistry
Biology
Botany
Communication Sciences and Disorders
Earth Sciences
Ecology and Environmental Sciences
Economics
Environmental Horticulture
Financial Economics
Food Science and Human Nutrition
Forest Operations, Bioproducts, and
Bioenergy
Forestry
Marine Science
Medical Laboratory Sciences
Microbiology
Molecular and Cellular Biology
Nursing
Parks, Recreation and Tourism
Social Work
Sustainable Agriculture
Wildlife Ecology
Zoology

MAINE BUSINESS SCHOOL (MBS)

Business Administration in Accounting
Business Administration in Finance
Business Administration in Management
Business Administration in Marketing

COLLEGE OF LIBERAL ARTS AND SCIENCES

Anthropology
Art Education
Art History
Chemistry
Communication
Computer Science
English
French
History
Human Dimensions of Climate Change
Interdisciplinary Studies
International Affairs
Journalism
Mathematics
Media Studies
Music
Music Education
Music Performance
New Media
Philosophy
Physics
Political Science
Psychology
Romance Languages
Sociology
Spanish
Studio Art
Theatre
Women's, Gender, and Sexuality Studies
Undecided Explorations

COLLEGE OF ENGINEERING

Biomedical Engineering
Chemical Engineering
Civil Engineering
Computer Engineering
Electrical Engineering
Engineering Physics
Mechanical Engineering

SCHOOL OF ENGINEERING TECHNOLOGY

Construction Engineering Technology
Electrical Engineering Technology
Mechanical Engineering Technology
Survey Engineering Technology

COLLEGE OF EDUCATION AND HUMAN DEVELOPMENT

Athletic Training
Child Development and Family
Relations
Elementary Education
Kinesiology and Physical Education
Secondary Education

Students can have
multiple majors or minors!
Many 4+1 Masters programs offered!

DIVISION OF LIFELONG LEARNING (DLL)

Bachelors Of University Studies

Set Your Course

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STUDENT ORGANIZATIONS

| CENTER FOR STUDENT INVOLVEMENT

ACADEMIC & PROFESSIONAL

American Chemical Society Student Member Group
American Institute of Aeronautics & Astronautics
American Institute of Chemical Engineers
American Marketing Association
American Society of Civil Engineers
American Society of Mechanical Engineers
Anthropology Club
ASCE Concrete Canoe
ASCE Steel Bridge Team
Associated General Contractors
Athletic Training Student Organization
Biomedical Engineering Club
Black Bear Robotics
Coral Club
Food Science Club
Health Professions Club
Horticulture Club
Institute of Electrical & Electronic Engineers
Institute of Management Accountants
International Affairs Association
Maine Society for Microbiology
Marine Science Club
National Student Speech, Language, Hearing Association
Nursing International
Orono Student Nurses Association
Pre-Law Society
Physical Education Student Organization
School of Forest Resources Community Council
Senior Classical League
Society of Automotive Engineers
Society of Physics Students
Society of Women Engineers
Student Academy of Audiology
Student Construction Association
Student Maine Education Association
Student Social Work Association
Technical Association of the Pulp & Paper Industry
Undergraduate Women in STEM
Wildlife Society

MULTICULTURAL & RELIGIOUS

African Student Association
Asian Student Association
Black Bear Catholic
Black Student Union
Caribbean & Latinx Student Alliance
Chi Alpha Campus Ministry
Cru
Fellowship of Christian Athletes
Franco-American Resource Opportunity Group
French Club
German Club
Hillel
Japanese Club
Life
Navigators
Ratio Christi
South Asian Association of Maine
Student Heritage Alliance Council

FINE ARTS

Argentine Tango Club
Art & Design Collective
Guitar Club
Maine Masque
Maine Steiners
Mainly Voices
Renaissance
Traditional Music and Dance Club

SERVICE & PHILANTHROPIC

Alternative Breaks (Black Bear Chapter)
Blue Crew
Camp Kesem
Defenders of Wildlife
Engineers Without Borders
Maine Effective Altruism
Maine Peace Action Committee
Operation H.E.A.R.T.S.
Partners for World Health
Project Generations

COMMUNITY ASSOCIATION & REPRESENTATIVES BOARD

Commuter and Nontraditional Students
Feminist Collective
Interfraternity Council
International Student Association
Honors College Student Advisory Board
Panhellenic Council
Senior Class Council
Sustainability & Environment Action Division
Wilde Stein: Queer Straight Alliance

SPECIAL INTEREST

3D Printing Club
Active Minds
Animal Club
Animation Club
Best Buddies
Black BearTHON
Campus Activities Board
Car Club
Chess Club
College Democrats
Cybersecurity Team
Dungeons & Dragons
Ewe-Maine Icelandic Sheep Club
Flying Club
Gamer's Guild
Geology Club
Green Team
Her Campus
Improv-In-Sanity
Marsh Island Birding Club
Mock Trial Club
Permaculture & Gardening Club
Photography Club
Spanish Language Club
Turning Point USA
Veterans Association
Videography & Creative Media
Yarn Over Orono
Young Americans for Liberty
Young Democratic Socialists of America

HONORARY

20th Maine Honor Society - Army ROTC
All Maine Women
Golden Key International Honour Society
Kappa Omicron Nu
Sophomore Eagles
Sophomore Owls
Tau Beta Sigma (Honorary Band Society)



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GET
INVOLVED
AT UMAINE



STUDENT SERVICES

| DIVISION OF STUDENT LIFE

CAREER CENTER

Serves students and alumni, promoting career planning, job search strategies, mock interviews, facilitates contact between students/alumni and employers, and hosts an annual Career Fair.

Memorial Union, Room 300
(207) 581-1359

COUNSELING CENTER

Provides free confidential counseling services to any student in need. Offers campus-wide outreach to promote mental health, stress-reduction, and self-care. Programming includes mindfulness workshops, de-stress events, and working with student life offices to promote positive mental health practices.

Cutler Health Center,
Room 125
(207) 581-1392

CUTLER HEALTH CENTER

Offers primary care services to UMaine students, faculty, and staff. Services include: allergy shots, acute/chronic healthcare, women's healthcare, on-site x-ray, on-site laboratories, athletic training, physical therapy, and physical exams.

Cutler Health Center, Room 125
(207) 581-1392

FIRST-YEAR AND TRANSFER EXPERIENCE

Provides resources for students looking for help with academic information, general trouble-shooting, getting connected to campus, and more!

Memorial Union, Room 300
(207) 581-1359

INTERSECTIONSAL FEMINIST RESOURCE CENTER

Private, safe, and confidential space for students of all identities. Providing free resources for reproductive health, a feminist library, and peer support.

Memorial Union, Room 227
(207) 581-9509

MULTICULTURAL STUDENT CENTER

Provides a variety of services to connect students with on and off-campus resources including: campus-wide programming, peer mentorship, and leadership development
Programming includes: Hispanic Heritage Month, Native American Heritage Month, Dr. Martin Luther King Breakfast, Multicultural Thanksgiving Potluck, Black History Month, and more!

Memorial Union, Room 312
(207) 581-1437

NATIVE AMERICAN PROGRAMS

Works with prospective students on navigating the Native American Waiver Program and Native American room and board grants.

Corbett Hall, Wabanaki
Center, Room 208
(207) 581-1417

CENTER FOR STUDENT INVOLVEMENT

Hosts weekly campus activities and connects students to many student life offices. Activities include open mic nights, movie nights, bon-fires, and well-being promoting events.

Memorial Union, Room 145
(207) 581-1796

STUDENT WELLNESS RESOURCE CENTER

Serves students through programs ranging from Alcohol & Drug education, Bystander Intervention Training and Peer Mentoring. SWELL provides resources, information, and support to promote wellness on campus

Memorial Union, Room 149
(207) 581-1423

RAINBOW RESOURCE CENTER

Promotes equality and inclusiveness for UMaine's LGBTQ+ community and allies through education, advocacy, leadership, and programming. Programming includes: Coming Out Week, Gay Thanksgiving, Lavender Graduation, Pride Week, and more!

Memorial Union, Room 224
(207) 581-9517

STUDENT ACCESSIBILITY SERVICES

Serves students with documented disabilities through academic and housing accommodations on a case-by-case basis including: Extra time on tests, low distraction testing locations, note taking assistance, accessible bathrooms and furniture, medical singles. Students with temporary disabilities, such as a broken bone, may also contact Student Accessibility Services.

East Annex. Room 121
(207) 581-2319

TUTOR PROGRAM

Small group and drop-in tutor sessions are free to students. Offers peer tutoring sessions daily (both day and evening) Monday through Friday for many 100 and 200 level courses.

Dunn Hall, Room 104
(207) 581-2351

VETERANS EDUCATION AND TRANSITION SERVICES (VETS)

Provides resources for to veterans and reservists within the UMaine community including: navigating the admissions process, financial aid, veteran education benefits, and academic assistance.

Memorial Union, Room 143
(207) 581-1316



ADMISSIONS PROCESS

| THE UNIVERSITY OF MAINE

STEP 1 Fill out an application!

UMaine Accepts:

- Common Application
- University of Maine's Mobile Friendly Application
- ApplyMaine Application

Decision deadlines:

- **December 1st:** Early Action deadline
- **March 1st:** Regular Admissions suggested deadline

All of our applications are **FREE** to submit and can be found at go.umaine.edu/apply

*(We review all applications on a rolling basis)

STEP 2 Submit application materials, including:

- Official High School Transcript
- Official College Transcripts for all attempted college coursework
- Recommendation from school personnel
- **NEW:** We are now test-optional for all of our programs!

All application material should be submitted online or to our shared Processing Center, PO Box 412, Bangor, ME 04402

STEP 3 Finance UMaine

All students who apply to the University of Maine will be automatically reviewed for any merit based scholarships at the time of admission.

We recommend that students fill out the Free Application for Federal Student Aid (FAFSA) by the priority date of March 1st to be eligible for Financial Aid awards

Visit umaine.edu/stuaid for scholarship and financial aid information!



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ATHLETICS AT UMAINE




Varsity Sports

Men's

Baseball
Basketball
Cross Country
Football
Ice Hockey
Swimming & Diving
Track & Field

Women's

Basketball
Cross Country
Field Hockey
Ice Hockey
Soccer
Softball
Swimming & Diving
Track & Field

-  **Division I**
-  Students attend all athletics events for free with MaineCard
-  Contact coaches if interested in playing on a Division I team



Varsity Sports

- NCAA affiliated play and regulation
- National competition
- Typically recruited athletes

For more information, visit:
www.goblackbears.com

Club Sports

Alpine Skiing	Rugby (M+W)
Badminton & Table Tennis	Sailing Team
Baseball Club	Soccer (M+W)
Blade Society	Spikeball Club
Bouldering & Climbing Club	Standardbred Drill Team
Cheerleading	Swim Club
Crew Club	Tennis Club
Crickit Club	Track Club
Dressage Club	Trap and Skeet
Equestrian Team	Ultimate Frisbee (M+W)
Fastpitch Softball Club (W)	Volleyball Club
Figure Skating Club	Woodsmen Team
Ice Hockey Club (M+W)	Wrestling Club
Intramural Sports Council	
Lacross Club (M+W)	
Maine Outing Club	
Mountain Biking Club	
Power Builders	

-  **M = Men's**
-  **W = Women's**




Club Sports

- Practices and games during the week and weekend
- Play other university club teams at New England schools
- Previous experience is preferred

For more information, visit:
www.umaine.edu/campusrecreation/program/sports-clubs/

Intramural Sports

Badminton (M+W+C)	Indoor Track (M+W)
Basketball (M+W)	Indoor Ultimate (C)
Bench Press (M+W)	Kickball(M+W+C)
Black Bear 5K (M+W)	Racquetball
Cross Country Ski (M+W)	Soccer (M+W+C)
Broomball	Softball (M+W+C)
Disc Golf	Swim (M+W)
Dodgeball (M+W)	Table Tennis (M+W)
Dome Soccer	Tennis (M+W+C)
Field Hockey	Volleyball (M+W+C)
Field Hockey (M+W)	
Flag Football (M+W)	
Floor Hockey (M+W)	
Floor Hockey (M,W)	
Golf	
Indoor Flag Football	
Indoor Soccer (M+W)	
Indoor Softball (M+W+C)	

-  **M = Men's**
-  **W = Women's**
-  **C = Coed**

Intramural Sports

- Pick-up games during the week
- Only play against UMaine students
- No previous experience is required
- Four divisions at varying levels

For more information, visit:
www.umaine.edu/campusrecreation/program/sports-clubs/